

# Afrique Spa

Enjoy nature and experience relaxation and tranquillity in the luscious gardens of the Afrique Boutique Hotel Ruimsig

*A nomadic Spa experience close to Nature ...*

## **Country Garden Half day Spa**

Welcome drink on arrival  
Relax or Uplift Aroma full body massage  
Foot or Hand pamper  
(soak, scrub, massage & mask)  
Indian head neck & shoulder massage  
Lunch  
Relaxation time at the pool or in the gardens in between treatments

**R799pp (Tuesdays to Fridays)**

**R850pp (Saturdays and Public holidays)**

## **Perfect Pleasures Full day Spa**

Welcome drink and light breakfast on arrival  
Relax or Uplift Aroma full body massage  
Indian head neck & shoulder massage  
Manicure & Pedicure  
Spa facial  
Lunch  
Relaxation time at the pool or in the gardens in between treatments

**R1399pp (Tuesdays to Fridays)**

**R1599pp (Saturday and Public holidays)**

## **Couples Spa Treat**

Welcome drinks on arrival  
De-stress 90 min Full body massage  
Picnic lunch

**R1500 p/couple (Tuesday to Friday)**

**R1700 p/couple (Saturday and Public holidays)**

## **Celebrate Life!**

Group packages for groups of 4 or more  
Welcome drink and Breakfast or lunch  
2 x 30 min treatment of choice  
Choose between:  
Indian head neck & shoulder massage,  
Aroma back neck & shoulder massage,  
Hand or Foot pamper  
Relaxation time at the pool or in the garden in between treatments

**R650pp**

***"Just living is not enough...one must have sunshine, freedom, and a little flower.."***

***Hans Christian Anderson***



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## TREATMENTS

### FACE

Healing, Hydrating or Balancing

- Mini Aroma facial 30 min **R360**
- Aroma Spa Facial according to skin type 60 min **R490**
- Men's Deep cleanse Facial, 60 min **R490**
- Me-em Aroma Spa Plus 60 min **R660**

### EYE CARE

- Eyelash or brow tint **R80ea**
- Brow shaping **R60**

### HAND CARE

- Hand massage-- soak & hand and arm massage using hydrating soufflé body butter 30 min **R210**
- Happy hand treatment with soak, exfoliation, massage and Paraffin wax cream 30 min **R230**
- Spa Manicure with nourishing mask and paraffin cream application 45 min **R250**
- AFRICAN Queen Spa Manicure with hot stone hand and arm massage, nourishing mask and paraffin cream application **R270.00**

### FOOT CARE

- Foot massage – foot soak with foot and lower leg massage using hydrating body soufflé body butters 30 min **R210**
- Happy feet foot treatment with soak, Exfoliation, massage, Paraffin wax cream 30 min **R230**

- Spa Pedicure with nourishing mask and paraffin cream application 60 min **R270**
- AFRICAN QUEEN Pedicure with hot stones and paraffin cream mask 60 min **R310**

*\* Please note we use Cold paraffin wax cream only*

### MASSAGES

- Aroma Hot stone  
Full body 60 min - **R500**  
Back 30 min - **R390**
- Hot stone  
Full body 60 min - **R490**  
Back 30 min - **R390**
- Aromatherapy  
Full body 60 min - **R490**  
Back 30 min - **R390**
- Swedish or Well-being  
Full body 60 min - **R480**  
Back 30 min - **R380**
- Pregnancy  
Full body 60 min - **R480**  
Back 30 min - **R380**
- De-stress 90 min Massage - **R690**
- Indian head neck & shoulder massage (30 min) - **R270**

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